

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fine Motor skills	Dance – Seasons	Yoga	Locomotion 1	New Dance	Athletics 1
	Invasion Game Skills 1	Object manipulation 1	Target Games 1	Striking & Fielding skills 1	Athletics 1	Net & Wall game skills 1
Y1	Gymnastics	Yoga	Gymnastics	Invasion Game Skills 2	Dance – Fire of London	Object Manipulation 2
	Locomotion 2	Target Games 2	Object Manipulation 2	Striking & Fielding Game Skills 1	Athletics 2	Fundamental Movement Skills 1
Y2	Gymnastics	Dance	Net & Wall Game skills 2	Personal Challenges	Dance Animals	Gymnastics
	Fundamental Movement 2	Target Games 3	Yoga	Striking & Field Games skills 2	Net & Wall Game skills 2	Fundamental movement skills 3
Y3	Yoga	Gymnastics	Dance	Gymnastics	Personal Challenges	Tennis
	Tag Rugby	Football	Netball	Cricket	Athletics 3	Gymnastics
Y4	Swimming	Swimming	Swimming	Swimming	Swimming	Tennis
	Tag Rugby	Gymnastics	Netball	Cricket	Dance	Athletics 4
Y5	Dance	Gymnastics	Leadership	Dance	Gymnastics	Invasion Game skills 4
	Tag Rugby	Football	Basketball	Cricket	Athletics 5	Tennis
Y6	Gymnastics	Dance	Gymnastics	Dance WW2	Leadership	Swimming
	Tag Rugby	Football	Basketball	Cricket	Athletics 6	Tennis