



#### **Willow Bank Primary School**

### **Anti-Bullying Policy**

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Woodland Academy Trust is committed to inclusion, diversity and promoting equal opportunity for all. All schools within the Trust share this commitment, providing an inclusive environment.

This objective applies to all policies and procedures and the Trust will at all times adhere to the requirements of the Equalities Act 2010 and any other associated guidance.

This policy is based on DfE guidance "Preventing and Tackling Bullying" July 2017 and supporting documents. It also considers the DfE statutory guidance "Keeping Children Safe in Education" 2020 and 'Sexual violence and sexual harassment between children in schools and colleges' guidance. The setting has also read Childnet's "Cyberbullying: Understand, Prevent and Respond: Guidance for Schools" and DfE research into anti-bullying practices: www.gov.uk/government/publications/approaches-to-preventing-andtackling-bullying

### 1. Policy objectives

- This policy outlines what schools in the Woodland Academy Trust will do to prevent and tackle all forms of bullying.
- The policy has been adopted with the involvement of the whole school communities.
- The Woodland Academy Trust is committed to developing an anti-bullying culture where the bullying of adults, children or young people is not tolerated in any form.

# 2. Links with other school policies and practices

- This policy links with several school policies, practices and action plans including:
  - o Behaviour and restrictive physical intervention policy
  - Complaints policy
  - o Child protection and safeguarding policy and procedures
  - Online safety policy
  - Curriculum policies

# 3. Links to legislation

- There are several pieces of legislation which set out measures and actions for schools in response to bullying, as well as criminal and civil law. These may include (but are not limited to):
  - o The Education and Inspection Act 2006, 2011
  - o The Equality Act 2010
  - o The Children Act 1989
  - Protection from Harassment Act 1997
  - The Malicious Communications Act 1988
  - o Public Order Act 1986
  - o Keeping Children Safe in Education 2020

### 4. Responsibilities

It is the responsibility of:

- The Head Teacher to communicate this policy to the school community, to ensure that disciplinary measures are applied fairly, consistently and reasonably, and that a member of the senior leadership team has been identified to take overall responsibility.
- Governors to take a lead role in monitoring and reviewing this policy.
- All staff, including: governors, senior leadership, teaching and non-teaching staff, to support, uphold and implement this policy accordingly.
- Parents/carers to support their children and work in partnership with the school.
- Pupils to abide by the policy.

### 5. Definition of bullying

Bullying can be defined as "behaviour by an individual or a group, <u>repeated over time</u> that intentionally hurts another individual either physically or emotionally". (DfE "Preventing and Tackling Bullying", July 2017).

- Bullying can include name calling, taunting, mocking, making offensive comments; kicking; hitting; taking belongings; producing offensive graffiti; gossiping; excluding people from groups and spreading hurtful and untruthful rumours.
- This includes the same unacceptable behaviours expressed online, sometimes called online or cyberbullying. This can include: sending offensive, upsetting or inappropriate messages by phone, text, instant messenger, through gaming, websites, social media sites and apps, and sending offensive or degrading photos or videos.
- Bullying is recognised by the Trust as being a form of peer on peer abuse (see Child Protection/E-Safety policy). It can be emotionally abusive and can cause severe and adverse effects on children's emotional development.

Bullying is generally characterised by:

- Repetition: Incidents are not one-offs; they are frequent and happen over a period of time.
- **Intent**: The perpetrator(s) means to cause verbal, physical or emotional harm; it is not accidental.
- Targeting: Bullying is generally targeted at a specific individual or group.
- Power imbalance: Whether real or perceived, bullying is generally based on unequal power relations.
- **Vulnerable Children** are more likely to be the targets of bullying due to the attitudes and behaviours some young people have towards those who are different from themselves.
- Vulnerable Children may include, but are not limited to:
  - Children with SEND.
  - Children who are adopted.
  - Children suffering from a health problem.
  - Children with caring responsibilities.
- Children with certain characteristics are also more likely to be targets of bullying, including, but not limited to:
  - Children who are LGBTQ+, or perceived to be LGBTQ+.
  - Children from BAME backgrounds.
  - o Children from socioeconomically disadvantaged backgrounds.

# 6. Forms and types of bullying covered by this policy

Bullying is acted out through the following mediums:

- Verbally
- Physically
- Emotionally
- Online (Cyber)

Bullying can happen to anyone. This policy covers all types and forms of bullying including:

- Bullying related to physical appearance
- Bullying of young carers, children in care or otherwise related to home circumstances
- Bullying related to physical/mental health conditions
- Physical bullying
- Emotional bullying
- Sexual bullying
- Bullying via technology, known as online or cyberbullying
- Prejudicial bullying (against people/pupils with protected characteristics):
  - o Bullying related to race, religion, faith and belief and for those without faith
  - o Bullying related to ethnicity, nationality or culture
  - o Bullying related to Special Educational Needs or Disability (SEND)
  - o Bullying related to sexual orientation (homophobic/biphobic bullying)
  - o Gender based bullying, including transphobic bullying
  - o Bullying against teenage parents (pregnancy and maternity under the Equality Act)
- Socioeconomic bullying: Bullying based on prejudices against the perceived social status of the victim, including, but not limited to, their economic status, their parents' occupations, their health or nutrition level, or the perceived "quality" of their clothing or belongings.
- Relational bullying: Bullying that primarily constitutes of excluding, isolating and ostracising someone usually through verbal and emotional bullying.

#### 7. Trust ethos

The Woodland Academy Trust school communities recognise that all forms of bullying, especially if left unaddressed, can have a devastating effect on individuals; it can create a barrier to learning and have serious consequences for mental wellbeing. By effectively preventing and tackling bullying our Trust can help to create a safe and disciplined environment, where pupils are able to learn and fulfil their potential.

#### Our communities:

- Monitor and review our anti-bullying policy and practice on a regular basis.
- Support staff to promote positive relationships to help prevent bullying.
- Recognise that some members of our community may be more vulnerable to bullying and its
  impact than others; this may include children with SEND. Being aware of this will help us to
  develop effective strategies to prevent bullying from happening and provide appropriate
  support, if required.
- Will be aware that LGBTQ+ children are more likely to be targeted by their peers. In some cases, children who are perceived to be LGBTQ+, whether they are or not, can be just as vulnerable to abuse as LGBTQ+ children.
- Will intervene by identifying and tackling bullying behaviour appropriately and promptly.
- Ensure our pupils are aware that bullying concerns will be dealt with sensitively and effectively; that everyone should feel safe to learn and abide by the anti-bullying policy.
- Require all members of the community to work with the school to uphold the anti-bullying policy.
- Recognise the potential impact of bullying on the wider family of those affected so will work
  in partnership with parents/carers regarding all reported bullying concerns and will seek to
  keep them informed at all stages.
- Will deal promptly with grievances regarding the school response to bullying in line with our complaints policy
- Seek to learn from good anti-bullying practice elsewhere.

• Utilise support from the Local Authority and other relevant organisations when appropriate.

#### 8. Responding to bullying

The following steps may be taken when dealing with all incidents of bullying reported to the school:

- If bullying is suspected or reported, the incident will be dealt with immediately by the member of staff who has been approached or witnessed the concern.
- The incident will be logged on CPOMs, and recorded as a bullying incident, raising it with the Inclusion Team.
- The Inclusion Lead (also the DSL) will allocate a member of their team to interview all parties involved and investigate the allegation thoroughly.
- All interviews/investigations will be logged on CPOMs.
- Outcomes of the investigation will be discussed with the Inclusion Lead, who will decide on sanctions, as identified within each school's behaviour policy, and support will be implemented in consultation with all parties concerned and logged on CPOMs.
- The school will ensure parents/carers of all involved are kept informed about the concern and action taken, as appropriate and in line with confidentially, logging all conversations on CPOMs.
- Relevant staff will be informed of the incident and outcome via CPOMs to ensure vigilance and appropriate support is in place.
- If necessary, other agencies may be consulted or involved, such as the police, if a criminal offence has been committed, or other local services including early help or children's social care, if a child is felt to be at risk of significant harm.
- Where the bullying of or by pupils takes place off school site or outside of normal school hours (including cyberbullying), the school will ensure that the concern is fully investigated. If required, the school will collaborate with other schools or agencies. Appropriate action will be taken, including providing support and implementing sanctions in school in accordance with this policy and the school's behaviour policy. This will be logged on CPOMs.
- If there is a repeat of a bullying incident, the procedure will be repeated and escalated to the Head.

### 8.1 Cyberbullying

When responding to cyberbullying concerns, the school will:

- Act as soon as an incident has been reported or identified.
- Provide appropriate support for the person who has been cyberbullied and work with the person who has carried out the bullying to ensure that it does not happen again.
- Encourage the person being bullied to keep any evidence (screenshots) of the bullying activity to assist any investigation.
- Take all available steps where possible to identify the person responsible. This may include:
  - Looking at use of the school systems;
  - Identifying and interviewing possible witnesses;
  - Contacting the service provider and the police, if necessary.
  - Working with the individuals and online service providers to prevent the incident from spreading and assist in removing offensive or upsetting material from circulation. This may include:
    - Support reports to a service provider to remove content if those involved are unable to be identified or if those involved refuse to or are unable to delete content.
    - Confiscating and searching pupils' electronic devices, such as mobile phones, in accordance with the law. (We will access the DfE 'Searching, screening and

- confiscation at school' and Childnet cyberbullying guidance to ensure that the schools' powers are used proportionately and lawfully)
- Requesting the deletion of locally-held content and content posted online if they contravene school behavioural policies.
- Ensuring that sanctions are applied to the person responsible for the cyberbullying; the school will take steps to change the attitude and behaviour of the bully, as well as ensuring access to any additional help that they may need.
- Informing the police if a criminal offence has been committed.
- Providing information to staff and pupils regarding steps they can take to protect themselves online. This may include:
  - advising those targeted not to retaliate or reply;
  - providing advice on blocking or removing people from contact lists;
  - helping those involved to think carefully about what private information they may have in the public domain.
- Log all incidents on CPOMs, including documents such as screenshots where possible.

### 8.2 Supporting pupils

Pupils who have been bullied will be supported by:

- Reassuring the pupil and providing continuous pastoral support.
- Offering an immediate opportunity to discuss the experience with their teacher, a well-being coach, or a member of staff of their choice.
- Being advised to keep a record of the bullying as evidence and discuss how respond to concerns and build resilience as appropriate.
- Working towards restoring self-esteem and confidence.
- Providing ongoing support; this may include: working and speaking with staff, offering formal counselling, engaging with parents and carers.
- Where necessary, working with the wider community and local/national organisations to provide further or specialist advice and guidance; this could include support through Early Help or Specialist Children's Services, or support through the Children and Young People's Mental Health Service (CYPMHS).

Pupils who have perpetrated bullying will be helped by:

- Discussing what happened, establishing the concern and the need to change.
- Informing parents/carers to help change the attitude and behaviour of the child.
- Providing appropriate education and support regarding their behaviour or actions.
- If online, requesting that content be removed and reporting accounts/content to service provider.
- Sanctioning, in line with school behaviour/discipline policy; this may include detentions and fixed-term or permanent exclusions.
- Where necessary, working with the wider community and local/national organisations to provide further or specialist advice and guidance; this may include involvement from the Police or referrals to Early Help, Specialist Children's Services, or the Children and Young People's Mental Health Service (CYPMHS).

### 8.3 Supporting adults

Our school takes measures to prevent and tackle bullying among pupils; however, it is equally important to recognise that bullying of adults, including staff and parents/carers, whether by pupils, parents/carers or other staff members, is unacceptable.

Adults who have been bullied or affected will be supported by:

- Offering an immediate opportunity to discuss the concern with the designated safeguarding lead, a senior member of staff and/or the Head.
- Advising them to keep a record of the bullying as evidence and discuss how to respond to concerns and build resilience, as appropriate.
- Where the bullying takes place off school site or outside of normal school hours (including online), the school will still investigate the concern and ensure that appropriate action is taken in accordance with the schools' behaviour and discipline policy.
- Reporting offensive or upsetting content and/or accounts to the service provider, where the bullying has occurred online.
- Reassuring and offering appropriate support.
- Working with the wider community and local/national organisations to provide further or specialist advice and guidance.

Adults who have perpetrated the bullying will be helped by:

- Discussing what happened with a senior member of staff and/or the Head to establish the concern.
- Establishing whether a legitimate grievance or concern has been raised and signposting to the school's official complaints procedures.
- If online, requesting that content be removed.
- Instigating disciplinary, civil or legal action as appropriate or required.

Specific guidance is available for leaders regarding dealing with complaints made on social networking sites: <a href="https://www.kelsi.org.uk/child-protection-and-safeguarding/esafety">www.kelsi.org.uk/child-protection-and-safeguarding/esafety</a>

### 9. Preventing bullying

#### 9.1 Environment

The whole school community will:

- Create and support an inclusive environment which promotes a culture of mutual respect, consideration and care for others, which will be upheld by all.
- Recognise that bullying can be perpetrated or experienced by any member of the community, including adults and children (peer on peer abuse).
- Recognises the potential for children with SEN and disabilities to be disproportionally impacted by bullying and will implement additional pastoral support as required.
- Recognises the potential for LGBTQ+ children to be disproportionally impacted by bullying and will implement additional pastoral support as required
- Openly discuss differences between people that could motivate bullying, such as: children
  with different family situations, such as looked after children or those with caring
  responsibilities, religion, ethnicity, SEND and disability, gender, sexuality or appearance
  related difference.
- Challenge practice and language (including 'banter') which does not uphold the school values of tolerance, non-discrimination and respect towards others.
- Be encouraged to use technology, especially mobile phones and social media, positively and responsibly. This includes the use of the new BBC Own it app through which children can monitor their on-line safety.
- Work with staff, the wider community and outside agencies to prevent and tackle concerns including all forms of prejudice-driven bullying.
- Actively create "safe spaces" for vulnerable children and young people.
- Celebrate success and achievements to promote and build a positive school ethos.
- Ensure all types of bullying will be discussed as part of the relationships and health education curriculum

#### 9.2 Policy and Support

The whole school community will:

- Provide a range of approaches for pupils, staff and parents/carers to access support and report concerns.
- Regularly update and evaluate our practice to consider the developments of technology and provide up-to-date advice and education to all members of the community regarding positive online behaviour.
- Take appropriate, proportionate and reasonable action, in line with existing school policies, for any bullying brought to the schools' attention, which involves or effects pupils, even when they are not on school premises; for example, when using school transport or online, etc.
- Implement appropriate disciplinary sanctions; the consequences of bullying will reflect the seriousness of the incident, so that others see that bullying is unacceptable.
- Use a variety of techniques to resolve the issues between those who bully, and those who have been bullied. This includes, where appropriate, restorative justice techniques.

### 9.3 Education and Training

The school community will:

- Train all staff, including: teaching staff, support staff (e.g. administration staff, lunchtime support staff and site support staff) and pastoral staff, to identify all forms of bullying and take appropriate action, following the school's policy and procedures, including recording and reporting incidents.
- Consider a range of opportunities and approaches for addressing bullying throughout the curriculum and other activities, such as: through displays, assemblies, peer support, the school/student council, etc.
- Collaborate with other local educational settings as appropriate, and during key times of the year, for example during transition.
- Ensure anti-bullying has a high profile throughout the year, reinforced through key opportunities such as Friendship Week in November.
- Provide systematic opportunities to develop pupils' social and emotional skills, including building their resilience and self-esteem.

### 9.4. Signs of bullying

Staff will be alert to the following signs that may indicate a child is a victim of bullying:

- Being frightened to travel to or from school
- Asking to be driven to school
- Unwillingness to attend school
- Truancy
- Becoming anxious or lacking confidence
- Saying that they feel ill in the morning
- Decreased involvement in school work
- Leaving school with torn clothes or damaged possessions
- Missing possessions
- Asking for extra money or stealing
- Cuts or bruises
- Lack of appetite
- o Unwillingness to use the internet or mobile devices
- Becoming agitated when receiving calls or text messages
- Lack of eye contact
- Becoming short tempered

- Change in behaviour and attitude at home
- Although the signs outlined above may not be due to bullying, they may be due to deeper social, emotional or mental health issues, so are still worth investigating.
- Children who display a significant number of these signs will be approached by a member of staff to determine the underlying issues causing this behaviour.
- Staff will be aware of the potential factors that may indicate a pupil is likely to exhibit bullying behaviours, including, but not limited to, the following:
  - They have experienced mental health problems, which have led to them becoming more easily aggravated
  - o They have been the victim of domestic abuse
  - o Their academic performance has started to fall and they are showing signs of stress
- If staff become aware of any factors that could lead to bullying behaviours, they will notify the child's Class teacher, who will investigate the matter and monitor the situation.

### 10. Involvement of pupils

#### We will:

- Involve pupils in policy writing and decision making, to ensure that they understand the school's approach and are clear about the part they play in preventing bullying.
- Regularly canvas children and young people's views on the extent and nature of bullying.
- Ensure that all pupils know how to express worries and anxieties about bullying.
- Ensure that all pupils are aware of the range of sanctions which may be applied against those engaging in bullying.
- Involve pupils in anti-bullying campaigns in school and through embedded messages in the wider school curriculum.
- Utilise pupil voice in providing pupil led education and support.
- Publicise the details of internal support, as well as external helplines and websites.
- Offer support to pupils who have been bullied and to those who are bullying to address the problems they have.

# 11. Involvement and liaison with parents and carers

### We will:

- Take steps to involve parents and carers in develop policies and procedures, to ensure they are aware that the school does not tolerate any form of bullying.
- Make sure that key information about bullying is available to parents/carers in a variety of formats, including via the school website
- Ensure all parents/carers know who to contact if they are worried about bullying and where to access independent advice.
- Work with all parents/carers and the local community to address issues beyond the school gates that give rise to bullying.
- Ensure that parents/carers work with the school to role model positive behaviour for pupils, both on and offline.
- Ensure all parents/carers know about our complaints procedure and how to use it effectively, to raise concerns in an appropriate manner.

#### 12. Monitoring and review: putting policy into practice

• The Head Teacher will ensure that they regularly monitor and evaluate mechanisms to ensure that the policy is being consistently applied.

- Any issues identified will be incorporated into the school's action planning.
- The Head will be informed of bullying concerns, as appropriate, via CPOMs. The number of bullying instances will be captured in the termly Head's report to governors.
- The Head will report on a regular basis to the Governing Body on incidents of bullying including outcomes.

### 13. Useful links and supporting organisations

Anti-Bullying Alliance: www.anti-bullyingalliance.org.uk

Childline: <a href="www.childline.org.uk">www.childline.org.uk</a>
Family Lives: <a href="www.familylives.org.uk">www.familylives.org.uk</a>
Kidscape: <a href="www.minded.org.uk">www.minded.org.uk</a>
NSPCC: <a href="www.mspcc.org.uk">www.mspcc.org.uk</a>

The BIG Award: <a href="https://www.bullyinginterventiongroup.co.uk/index.php">www.bullyinginterventiongroup.co.uk/index.php</a>

PSHE Association: www.pshe-association.org.uk

Restorative Justice Council: www.restorativejustice.org.uk

The Diana Award: <a href="www.diana-award.org.uk">www.diana-award.org.uk</a>
Victim Support: <a href="www.victimsupport.org.uk">www.victimsupport.org.uk</a>
Young Minds: <a href="www.youngminds.org.uk">www.youngminds.org.uk</a>

#### **SEND**

Changing Faces: www.changingfaces.org.uk

Mencap: www.mencap.org.uk

DfE: SEND code of practice: https://www.gov.uk/government/publications/send-code-of-practice-0-

to-25

Anti-bullying Alliance Cyberbullying and children and young people with SEN and disabilities:

https://www.anti-bullyingalliance.org.uk/sites/default/files/field/...

#### Cyberbullying

Childnet: www.childnet.com

Internet Watch Foundation: <a href="https://www.iwf.org.uk">www.iwf.org.uk</a>
Think U Know: <a href="https://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a>

UK Safer Internet Centre: www.saferinternet.org.uk

The UK Council for Child Internet Safety (UKCCIS) www.gov.uk/government/groups/uk-council-for-

child-internet-safety-ukccis

DfE 'Cyberbullying: advice for headteachers and school staff':

www.gov.uk/government/publications/preventing-and-tackling-bullying

DfE 'Advice for parents and carers on cyberbullying':

www.gov.uk/government/publications/preventing-and-tackling-bullying

#### Race, religion and nationality

Anne Frank Trust: www.annefrank.org.uk

Kick it Out: <a href="www.kickitout.org">www.kickitout.org</a> Report it: <a href="www.report-it.org.uk">www.report-it.org.uk</a> Stop Hate: <a href="www.stophateuk.org">www.stophateuk.org</a> Tell Mama: <a href="www.tellmamauk.org">www.tellmamauk.org</a>

Educate against Hate: <a href="https://www.theredcard.org/">www.educateagainsthate.com</a>
Show Racism the Red Card: <a href="https://www.theredcard.org/">https://www.theredcard.org/</a>

# **LGBT**

Barnardo's LGBT Hub: www.barnardos.org.uk/what\_we\_do/our\_work/lgbtq.htm

Metro Charity: www.metrocentreonline.org

EACH: www.eachaction.org.uk

Proud Trust: <a href="www.theproudtrust.org">www.theproudtrust.org</a> Schools Out: <a href="www.schools-out.org.uk">www.schools-out.org.uk</a> Stonewall: <a href="www.stonewall.org.uk">www.stonewall.org.uk</a>

Sexual harassment and sexual bullying

Ending Violence Against Women and Girls (EVAW) www.endviolenceagainstwomen.org.uk